

Better life quality with Integrative GIS BIG

Funded by:



VINNOVA

In collaboration with:



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BIG aims to create knowledge for urban solutions that **simultaneously** promote **individual, social, and ecological health**

Regenerative Sustainability

BIO... urban
s... ote
individual, social, and ecological health

Regenerative sustainability

“engage [...] humans, other biotic systems, earth systems, and the consciousness that connects them [to build] the capability of people and the ‘more than human’ participants to engage in continuous and healthy relationship through co-evolution.”

REGENERATIVE SOLUTIONS
FOR SUSTAINABLE CITIES

Personal Health
and Wellbeing

Social Health

Healthy human-nature
relationship

Ecological Health
and Resilience

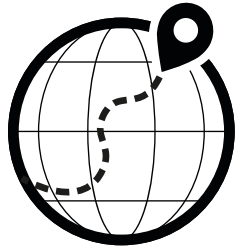


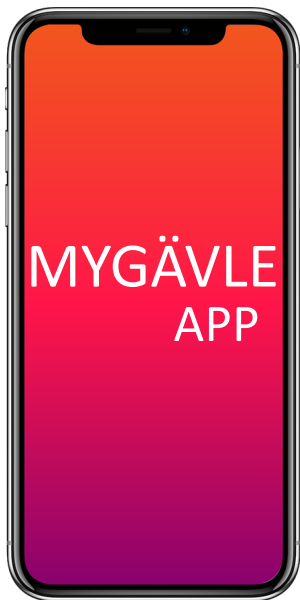
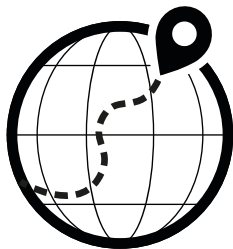




500 participants







- Track participants GPS locations (1Hz)
- Receive weekly experiences
- Display surveys on health, wellbeing, social cohesion, and connection to nature



- Number of steps
- Sleep quality
- Heart Rate
- Heart Rate Variability





Gävle kommun



Microsoft

Thanks

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